

6533 Pictou Landing Rd, Fisher's Grant., NS B0K 1X0 Ph: 902-752-4912 Fax: 902-755-4715

Pictou Landing First Nations

Job Posting

Position:Mental Wellness Prevention WorkerJob Status:Full-timeReporting ManagerDirector of Health

At PLFN, we truly value our people, which means you will join an incredible team, in a supportive and positive environment. We are passionate about our roles in providing superior service within our community and take considerable pride in the goals we accomplish together. We invest in our people through supporting and encouraging professional development, so you have the tools to safely succeed in your role. To learn more about our community, please visit: www.plfn.ca

Job Overview

The Pictou Landing First Nations Health Centre seeks a passionate Mental Wellness Prevention Worker to promote wellness and lead prevention activities in the areas of mental health, addictions, family violence, and mental wellness activities.

Responsibilities

- To provide education, promote wellness, and lead prevention activities in the areas
- of mental health, addictions, family violence, and mental wellness activities including but not limited to:
- Provide individuals and groups of all ages with information on addictions, mental health, and family violence through group presentations and resource materials.
- Deliver community health programs (both pre-packaged and requiring development by the incumbent to fit community needs),
- Encourage community members to participate and attend education and health promotion sessions,
- Organize and deliver culturally relevant educational and awareness programs and activities in the community.
- Collaborate with community service providers and organizations in prevention and wellness activities related to mental health, addictions, family violence, and health promotion.
- Act as a local resource for other community-based healthcare workers,
- Promote a safe and healthy environment in homes, schools, and throughout the community.



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- Conduct basic screening with clients for applicable prevention, education, or referral for mental health or addiction assessment.
- Provide sessions on mental wellness, addictions, and prevention to the community

Qualifications

- Undergraduate degree or college diploma in a health & social service-related field (examples: social work, nursing, child & youth studies, human services, etc.);
- Minimum of two years experience working in trauma-informed care, mental wellness casework, and/or in an advocacy role (or combination of skills & experience);
- Experience with using a client, family, and community-centered approach
- Mental Health First Aid First Nations
- NVCI, ASSIST Must be able to maintain a high degree of confidentiality
- Valid CPR/Basic First Aid Certification
- Clear Criminal Records, Child Abuse Registry, and Vulnerable Sector Checks
- Proficiency in the use of Microsoft Office Suites, especially in Word, Outlook, and Excel
- Experience using data management systems, an asset
- Experience working or living in a First Nations Community, PLFN, considered a strong asset
- Valid driver's license and vehicle

We're committed to an equitable team member experience, opportunity, pay, and support for every employee regardless of gender identity or expression, race, ethnicity, family or marital status, religion, socio-economic status, veteran status, national origin, age, sexual orientation, education, disability, or any other characteristic that makes you unique.

We want to ensure that every qualified individual has an equal opportunity to work with us. If you require an accommodation to our application process, please contact <u>jobs@plfn.ca</u>

Thank you in advance to those that apply. We appreciate your interest. Only the most suitable will be contacted for an interview.